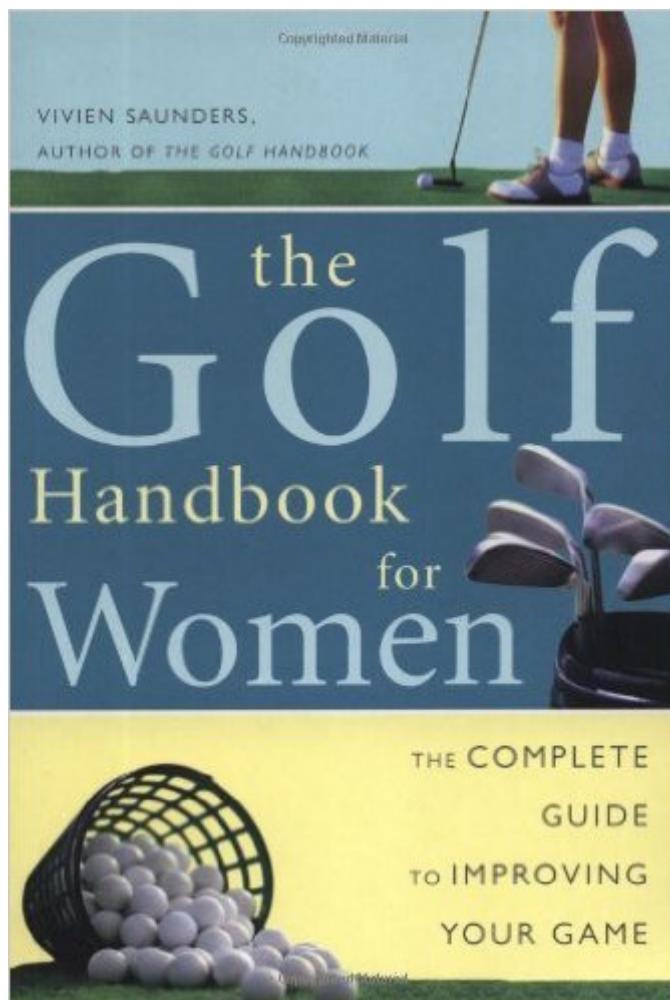


The book was found

# Golf Handbook For Women: The Complete Guide To Improving Your Game



## **Synopsis**

The Golf Handbook for Women takes you through every aspect of golf, whether you are just starting out or want to raise your game to a new level. Movements and shots are carefully detailed, using photographs and illustrations, with helpful suggestions on how to ensure you'll hit your best shot every time. In The Golf Handbook for Women, you'll find information on:

- Choosing and using equipment that's right for you
- Developing good habits from the start
- Knowing which shot to play in various situations
- Judging distance and aiming well
- Reading greens
- Correcting common mistakes
- Getting out of trouble shots
- Conquering fears and being positive
- Finding strategies for strokeplay and matchplay
- Deciding what to do--and not do--on a course
- Enjoying the game to the fullest!

## **Book Information**

Paperback: 224 pages

Publisher: Three Rivers Press; 1st American ed edition (May 30, 2000)

Language: English

ISBN-10: 0609805118

ISBN-13: 978-0609805114

Product Dimensions: 5.6 x 0.6 x 8.3 inches

Shipping Weight: 14.4 ounces

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #736,479 in Books (See Top 100 in Books) #69 in Books > Sports & Outdoors > Miscellaneous > Women in Sports #1035 in Books > Sports & Outdoors > Golf #7121 in Books > Sports & Outdoors > Individual Sports

## **Customer Reviews**

This book does have a nice presentation and is well organized. It is directed toward the beginning female golfer and makes for easy reading. That is the positive news. The negative is that the teaching theory is outdated. Like so many golf books for women it's swing theory - which there is very little of - is rather outdated. Unfortunately most women's golf books are not up to par on simple concepts, such as the source of power, the hand release etc. I have read only two books written by a female golf professional that were outstanding books for men or women. I will not mention these books because I do not believe it fair to push other books in a review. However, they are out there and available for good theoretical and instructional reading. The bottom line, if you are a beginner this book is well organized but if you want substance you would be better fit to go elsewhere.

I was looking for a good book for my wife who just started taking up golf. Went to local bookshop to compare all the popular women golf books ie. Cindy Reid's Ultimate Guide, Golf is a Woman's Game, A Woman's Guide to Better Golf, The Women's Guide to Golf, and by an easy decision this was the book to get. Well illustrated, well laid-out, clear, to-the-point, and comprehensive. You won't be disappointed.

This book gave me an excellent guide to start golf by providing detailed illustrations for each step, such as grip. Those illustrations help beginners to understand basic golf skills easily. Along with my golf lessons, this book gave me helpful tips to correct my mistakes. However, this illustration-oriented instruction may make advanced golfers feel lack of information for their levels. Anyhow, as a beginner, I loved this book, *Golf Handbook for Women!*

Very clear and succinct (I love the way those Brits write!) Lots of great photos (especially of the "Do's" and "Don'ts") and terrific illustrations. Plus attention to more practical matters such as etiquette and course strategy.

Women strengths in golf are different from men. That's why I was looking for a golf book just for women. I was so happy when I found this book. This is a good book for women learning to play golf or if you want more information about clubs or certain shots, like chipping. This book covers what clubs/irons do and the yardage you can get from each one. It also covers shots from the tee to putting. It even goes over reading the green. I enjoyed the book. After telling my husband the book said that some women find the 7 club easier to hit than the 3 iron and it will give you the same distance he brought me one. I'll be trying it out this weekend. See you on the links.

The color photos were very helpful, and the text explained everything in detail - sometimes a little too technical, but overall, a very good book for a beginning golfer, or for someone that wants to improve their game.

I ordered this book as I write on a web site where I am the golf editor. I love to review books like this for new golfers. It was one of the best. Letta Meinen

Further efforts to find an updated, complimentary text for my golf-learning girlfriend led me to this

pleasant offering. Nicely packaged, slick and glossy, it pictorially complements more mechanical texts like Ben Hogan's Fundamentals. This book is well laid out, discussion of golf equipment is presented right off the bat. Grip, stance, posture follow in order. It reads like a collection of easy to follow magazine-style lessons. Interestingly, immediately following the basic structures they include information on shot shaping, dealing w/ pulls, pushes, fades, draws, etc. which may be overkill for that point in the instruction. Ultimately though it is quite a nice 'guide', touching on golf etiquette thankfully, providing some interesting exercises, and running down oft used golf rules. Hopefully the presentation will score some points; seeing all the women in the examples, and hearing the voice of the female author versus some of the gender neutral or male dominated texts I've thrown at her. Ah golf!

[Download to continue reading...](#)

Golf Handbook for Women: The Complete Guide to Improving Your Game Absolutely Hilarious Adult Golf Joke Book: A Treasury of the Best Golf Jokes Causing Loud Guffaws and Laughing Convulsions. Hilarious Golf Jokes For The Clubhouse Bar! The LAWs of the Golf Swing: Body-Type Your Golf Swing and Master Your Game Total Golf: A Comprehensive Guide to Improving Your Game Red Golf Blue Golf: Using Neuroscience to Master the Mental Game Golf Digest's Complete Book of Golf Betting Games The Keys to the Effortless Golf Swing: Curing Your Hit Impulse in Seven Simple Lessons (Golf Instruction for Beginner and Intermediate Golfers Book 1) David Leadbetter 100% Golf: Unlocking Your True Golf Potential GOLF ENTRENAMIENTO FISICO Y NUTRICIONAL: GOLF : LOS GRANDES SECRETOS DEL ENTRENAMIENTO FISICO Y NUTRICIONAL (Spanish Edition) Fifty Places to Play Golf Before You Die: Golf Experts Share the World's Greatest Destinations The Sweet Spot. Great Golf Starts Here.: Three Essential Keys to Control, Consistency and Power (EvoSwing Golf Instruction Series Book 1) The Badminton Library Golf: The History of Golf The games of drawing room hockey, tether ball, hand tennis, garden hockey, volley ball, basket goal, lawn hockey, wicket polo, hand polo, golf croquet, clock golf, laws of badminton Improving Inter-professional Collaborations: Multi-Agency Working for Children's Wellbeing (Improving Learning) Lights-Out Putting : A Mind, Body, and Soul Approach to Golf's Game Within the Game 100 Backgammon Puzzles: A Champion's Guide to Testing Your Skills and Improving Your Game The Women's Guide to Golf: A Handbook for Beginners Mastering Golf's Mental Game: Your Ultimate Guide to Better On-Course Performance and Lower Scores Black & Decker The Complete Guide to Garages: Includes: Building a New Garage, Repairing & Replacing Doors & Windows, Improving Storage, Maintaining ... Garage Plans (Black & Decker Complete Guide) Pilates For Golf - 5 Exercises In 5 Minutes To Improve Your Game

